

MIND - CIMH in Indonesia Sharing the Knowledge

By

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Mental Health in Indonesia

- 33 mental health institutions
- 25,000,000 with mental health diagnoses
- Community mental health in Aceh Province only
- WHO formula means that 16% of 25,000,000 are served by mental health institutions



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Human stain_Patients at the Pantj Bina Laras Cipayung mental health center in east Jakarta are left to lie on the soiled floor of the latrines

CIMH's Role in Mental Health Development System in Aceh

- CIMH provided a continuous contribution by responding to integrated mental health needs post tsunami
- Collaborates with MoH, PHO, DHOs, WHO, Psychiatry Department UI, and CBM
- Since 2005-2008 CIMH, through Aceh Partnerships in Health (APiH) a joint public health program funded by World Vision Australia, has developed a community based mental health program in Aceh at a provincial and district level



Crisis_Chained and naked inmates inside the male ward of the Cipayung center

Mental Health System Development in Indonesia: National Taskforce

- In June 2008, collaboration between Directorate of Mental Health, MoH and CIMH, supported by WHO Indonesia and CBM.
- The aims: to strengthen the capacity of Indonesian Ministry of Health in planning, implementing, managing and evaluating mental health systems at national, province and district levels and to be able to scale up effective community based mental health services in Indonesia.

National Taskforce Indonesia

- The membership of the National Task Force consists of mental health professionals from health and non-health sectors, government and non-government organizations both nationally and locally, WHO, representative of the community (including consumers and their families) and academics.



MIND-CIMH Collaboration

- In August 2009, an invitation was extended by MoH for MIND to register as an International NGO in Indonesia
- In December 2009 and February 2010, MIND conducted Recovery training to 54 health professional and Peer Support training to 25 consumers and carers.
- This is the first ever such training given in Indonesia



Role of MIND and CIMH

To support MoH
and the National
Taskforce



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Discarded_A naked, emaciated man curled up on the floor beside a live chicken and some rotten wood

Possible Collaborations In Indonesia

- Diverse range of possibilities
- Identifying practical and worthwhile opportunities
- Commitment to working collaboratively
- Possible Options:
 - More training such as Dec 2009/Feb 2010 initiative
 - Staff exchanges between Indonesia and Australia
 - Modification of Australian materials, programs guidelines and resources for Indonesia
 - Collaboration in program evaluation, quality improvement and research on effective strategies in different cultural and geographical settings
 - Joint forums/workshops on policy and practice issues
 - Joint contributions to policy development



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MIND's Training in May 2010

- Training health professionals at Grogol Mental Hospital, Jakarta
- Training cadres and peers in Recovery in Banda Aceh
- Supervision of participants who attended the training in December 2009 and February 2010: Jakarta/Java and Sumatra



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Future Opportunities

- Mental Health Day & WHO Jakarta
- 1st National Congress on Community Psychiatry – 13 October
- Schizophrenia Congress – ‘Recovery Training in Human Resources’ – 14 to 16 October Jakarta
- Training of health professionals from 15 hospitals as selected by MoH
- Supervision of training done at Grogol & Aceh



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