

## Sharing the Knowledge – MIND and the CIMH in Indonesia A Positive Outcome

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For nearly two years, the author, who has a successful ‘lived experience’ of bipolar disorder, has facilitated education on the Recovery Process (pro bono basis) at Bangli Mental Hospital in Bali.

Commencing in December 2009 through to February 2010, the author trained 50 health professionals on the Recovery Process and 22 Peer Support Workers. The health professionals were nurses, psychologists and social workers drawn from the mental hospitals, shelters and puskesmas (**primary health care centres**).

MIND in partnerships with the CIMH will:

1. Continue with the training initiatives
2. Staff exchange between Indonesia and Australia
3. Modify Australian materials, program guidelines and resources for Indonesia
4. Collaborate in program evaluation, quality improvement and research on effective strategies in **different cultural** and geographical settings
5. Joint forums/workshops on **policy** and practice issues
6. Joint contributions to **policy development**.

The author will elaborate on the work of MIND and the CIMH in Indonesia and will explore the cultural and systemic differences which inform the work and the approach taken to learning. The session will also explore the issues faced by an Australian NGO working in this manner.