

## **Harnessing the 'Lived Experience'**

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With the emerging role of the Peer Worker, the need for training surrounding the role has become evident, not only for the peers themselves but also for the people who manage them, or work with them as a team member.

The author has written a training manual that has successfully been used in Australia and Indonesia. The manual often contains new ways for the peer worker to facilitate their client's recovery journey as well as reassuring them in things that they are already doing well.

The move now is for a formal Certificate 1V in Mental Health Peer Work.